

# BECTON HIGH SCHOOL SEPTEMBER 2021



## AVAILABLE DAILY

Monday 6	<b>HAPPY LABOR DAY</b>	<i>Deli Central</i>	<b>Made-to-Order Deli Bar</b> Assorted Grab & Go Sandwiches
Tuesday 7	Buffalo Chicken Wrap w/ Fries		Assorted Specialty Pizzas
Wednesday 8	Cheese Steak Hoagie with Assorted Toppings	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Mozzarella Sticks & Fries
Thursday 9	Chicken Gyro on a Pita with Assorted Toppings	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>
Friday 10	Sliced Chicken Cutlet With Mac & Cheese		 <b>Free meals for all students</b>

**PIZZA ZONE**

*Daily Dish*

**FOOD ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change



At least 50% of All Grains served w/ your meal are Whole Grain Rich


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## AVAILABLE DAILY

<b>Monday 13</b>	Lasagna with Garlic Bread and Side Salad	<i>Deli Central</i>	<b>Made-to-Order Deli Bar</b> Assorted Grab & Go Sandwiches
<b>Tuesday 14</b>	Chicken & Cheese Enchiladas with Rice & Beans		Assorted Specialty Pizzas
<b>Wednesday 15</b>	Bacon Cheeseburger on a Fresh Kaiser Roll served with French Fries	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Mozzarella Sticks & Fries
<b>Thursday 16</b>	Grilled Chicken over Pasta with Garlic Bread	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>
<b>Friday 17</b>	Chicken Cordon Bleu on a Fresh Kaiser Roll with French Fries		 <b>Free meals for all students</b>

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<p><b>Monday 20</b></p>	<p>Cheese Calzone with Side Salad</p>	<p><i>Deli Central</i></p> <p><b>Made-to-Order Deli Bar</b> Assorted Grab &amp; Go Sandwiches</p>
<p><b>Tuesday 21</b></p>	<p>California BLT with Fries</p>	<p>Assorted Specialty Pizzas</p> <p><b>PIZZA ZONE</b></p>
<p><b>Wednesday 22</b></p>	<p>Hot Open-Faced Turkey Sandwich with Brown Gravy &amp; Mashed Potatoes</p>	<p><b>AMERICAN GRILLE</b></p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Mozzarella Sticks &amp; Fries</p>
<p><b>Thursday 23</b></p>	<p>General Tso's Chicken w/ Vegetable Fried Rice &amp; a Fortune Cookie</p>	<p><b>FRESH FARMISTAND</b></p> <p>Assorted Grab &amp; Go Salad Specials <i>Assorted salad selections are offered with a Roll</i></p> <p><i>Daily Dish</i></p>
<p><b>Friday 24</b></p>	<p>Cheese Tortellini in Red Sauce, Garlic Bread &amp; Side Salad</p>	<p> <b>Free meals for all students</b></p>



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<b>Monday 27</b>	Boneless Chicken Wings w/ Assorted Sauces, Dinner Roll & Fries	<i>Deli Central</i>	<b>Made-to-Order Deli Bar</b> Assorted Grab & Go Sandwiches
<b>Tuesday 28</b>	Crunchy Chicken Tacos with Toppings and Spanish-Style Rice		Assorted Specialty Pizzas
<b>Wednesday 29</b>	Italian-Style All-Beef Hot Dog with Peppers, Onions & Potatoes on a Fresh Hoagie Roll	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Mozzarella Sticks & Fries
<b>Thursday 30</b>	Chicken Parmesan w/ Pasta & Side Salad	<b>FRESH FARMISTAND</b>	Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>
<b>Friday 1</b>	Penne in Pink Sauce with Chicken or Cheese & Garlic Bread		<b>Free meals for all students</b>

**PIZZA  
ZONE**

*Daily  
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**FOOD  
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